Antidepressant Medication Management (AMM)

**Goal:** To address disparities for medication adherence among adult members diagnosed with depression.

**Objective:** To educate Latinx/Hispanic members through a cultural-sensitive approach about the importance of medication adherence.

20.9 Millions adults in the U.S. suffer from a depressive disorder or depression.

_How is AMM evaluated?_ This measure has 2 phases:

1. **Acute Phase** - The % of members who remained on the medication for at least 12 weeks.
   - More than 60% of the Medi-Cal and Commercial/Exchange memberships are between the ages of 18 and 44. For Medicare, nearly 75% are 65+ years old.

2. **Continuation Phase** - The % of members who remained on medication for 6 months.
   - English is the preferred spoken language with nearly 65%, followed by Spanish (16%).

**Disparities Highlights**

- **71%** of members who are on AMM medication are females.
- **38%** of members on AMM self-identified as Hispanic, followed by White (35%).
- **56%** of members on AMM live in urban areas.

More than 60% of the Medi-Cal and Commercial/Exchange memberships are between the ages of 18 and 44. For Medicare, nearly 75% are 65+ years old.

**Our Team**

- **Evelyn Gallegos**
  - Quality Improvement Supervisor
- **Clauniesha Jones**
  - Quality Improvement Specialist
- **Guille Toland**
  - Sr. Quality Improvement Specialist
- **Naomi Lam**
  - Sr. Quality Improvement Specialist