Engaging Microfarms to Improve Food Security and Chronic Conditions in Fresno County

Fresno County residents experience high rates of chronic disease, such as diabetes and high blood pressure, which are impacted by nutrition.

1 in 4 Fresno County adult residents have been diagnosed with high blood pressure.

1 in 8 Fresno County adult residents have been diagnosed with diabetes.

1 in 12 Fresno County residents lack access to nutritious food and are considered food insecure.

47% of the census tracks in Fresno County lack access to healthy food and are considered food deserts.

Food Desert is a low-income census tract with at least 500 people, or 33% of the population, living more than 1 mile (urban areas) or more than 10 miles (rural areas) from the nearest supermarket, supercenter, or large grocery store.

Source: Healthy Fresno County Community Dashboard

Fresno County residents experience high rates of chronic disease, such as diabetes and high blood pressure, which are impacted by nutrition.

Target and identify at least 3 census tracts in Fresno County that are considered food desert.

Host at least 3 food distribution events, reaching at least 100 residents per event.

Increase community’s access to fresh produce and health education materials related to chronic conditions.

Key Milestones

Bridge and engage stakeholders (1 CBO, 3 microfarms, community members, etc.) to develop sustainable results.