Booqashada Xarumaheena

Badbaadada bukaanadeena, shaqaalaheena, iyo bulshada aad ayey muhiim noogu tahay. Fadlan akhri sharciyadeena kahor booqashada intaadan imaan xarumaha.

* Noocyada booqdaha
* Booqdayaasha bukaan jiifka ah
* [Booqdayaasha bukaan socodka ah](https://www.massgeneralbrigham.org/covid19/visitor-policy#for-outpatient-visitors)
* [Dhamaan martida iyo dadka taageera](https://www.massgeneralbrigham.org/covid19/visitor-policy#for-all-essential-visitors-and-support-persons)

Noocyada martida

**Soo booqdayaasha muhiimka ah** waa booqdayaal bukaanada helaya daryeelka dhamaadka-nolosha.

**Dadka taakuleeya** waxaa kamid ahdhalashada lamaanayaasha, waalidiinta / daryeel-bixiyeyaasha bukaannada carruurta, qareennada bukaannada, iyo dadka taageerada loogu talagalay bukaannada naafada ah.

Soo booqdayaasha muhiimka ah iyo dadka taageerada ah uma baahna inay u hoggaansamaan waajibaadka safarka Massachusetts si ay booqasho u sameeyaan.

**Soo booqdayaasha aan muhiimka ahayn** dhammaantood waa martida kale ee jirta 18 iyo ka weyn. Waa inay u hogaansamaan waajibaadka safarka Massachusetts si booqasho u sameeyaan.

Booqdayaasha bukaan jiifka ah

Waxaan dhawaan badalnay shuruucdaanada booqdeyaasha.**Sidii Maarso 2, inta badan cosbitaalada Mass General Brigham waxay soo dhaweyn karaan booqdayaasha si xadidan.**Inta badan cosbitaalada Mass General Brigham waxay u oggolaadaan hal booqde bukaankiiba maalintii. Tani waxaa loogu talagalay bukaanada aan ku go'doonsanayn tuhunka ama xaqiijinta COVID-19 ee qaybaha awooda inay buuxiyaan shuruudaha hoose.

Dhammaan booqdayaasha iman kara (lama huraanka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera waa inay dib u eegaan agabka gaarka ah ee websaydhka kana raadiyaan shuruucda ugu dambeeyay kahor isku dayga booqashada.

Dhammaan booqdayaasha iyo dadka taageera waa in laga helo [**waxyaabaha**](https://www.massgeneralbrigham.org/covid19/visitor-policy#for-all-essential-visitors-and-support-persons) soo socdo.

* **Brigham and Women's Hospital**
* **Massachusetts General Hospital**
* **Brigham and Women's Faulkner Hospital**
* **Cooley Dickinson Hospital**
* **Martha's Vineyard Hospital**
* **Massachusetts Eye and Ear**
* **McLean Hospital**
* **Nantucket Cottage Hospital**
* **Newton-Wellesley Hospital**
* **North Shore Medical Center**
* **Spaulding Rehabilitation Network**
* **Wentworth-Douglass Hospital**

Booqdayaasha bukaan socodka ah

**Waqtigaan, martida looma oggola inay soo galaan**[**meelaha bukaan socodka**](https://www.massgeneralbrigham.org/patient-information/preparing-office-visit) (meelaha loogu talagalay bukaannada aan la dhigin isbitaalka, tusaale ahaan, qolka gargaarka degdegga ah, qalliinka ama qolka qalliinka, ama bukaan socod eegtada).

Waxaa jira waxyaabo aad u kooban oo ka reeban dadka taageerada ah. Hal qof oo taageero ah ayaa loo oggol yahay bukaanada naafada ah iyo bukaannada ka yar 18 sano.

Dadka kale ee taageerada waxay u baahan yihiin in la oggolaado ballanta ka hor. Fadlan wac rugta caafimaadka si loo oggolaado ballanta ka hor. Ogoow: Rugaha caafimaadku waxay ku dadaali doonaan sidii ay u dejin lahaayeen dadka taageerada laakiin waxaa lagu xaddidi karaa meel bannaan ama caqabado kale.

Sababaha qaar oo aad rabto inaad codsato qof ku taageera waa haddii aad:

* Oga baahan tahay caawimaad fahamka tilmaamaha bukaanka.
* Helayso daryeel nolosha ugu dambeeya ah.
* Qaadanaysid ama rajaynayso daryeelka hooyada ama aad ku jirto qorshaynta qoyska.
* Ka imaaneysid xarunta dhaqan celinta, qofka ku taageeraana waa sarkaalka sixitaanka.

Haddii aadan heli karin xanaanada cunugga oo aad u baahan tahay inaad keento ilmahaaga ka yar da'da 18 sano jir, cunuggu wuxuu u baahan doonaa inuu kugula soo biiro qolka imtixaanka. Carruurta waa in lala socdaa markasta.

Dhammaan booqdayaasha iyo dadka taageera waa in laga helaa [**waxyaabaha**](https://www.massgeneralbrigham.org/covid19/visitor-policy#for-all-visitors-and-support-persons) soo socdo.

Waxyaabaha loo bahanyahay  
  
**Soobooqdayaasha aan muhiimka ahayn**

* Dhammaan booqdayaasha aan muhiimka ahayn ee raba inay galaan isbitaalka Mass General Brigham ama xafiiska dhakhtarka waa inay u hoggaansamaan [**amarka safarka Massachusetts**](https://www.mass.gov/info-details/covid-19-travel-order). Fadlan booqqo [**Mass.gov**](https://www.mass.gov/info-details/covid-19-travel-order) wixii faahfaahin ah.    
    
  **Dhammaan booqdayaasha (muhiimka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera**
* Dhammaan booqdayaasha (muhiimka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera waxaa laga baari doonaa astaamaha lagu garto caabuqqa COVID-19 ee suurtogalka ah (qandho, qufac, neefta oo ku qabata, cunaha oo xanuuna, dhaxan, murqo xanuun, ama bilawga cusub ee dhadhamin la'aanta ama urta). Majiro shaqsiyaad leh astaamo calaamado oo la ogolyahay. Soo booqdayaasha (muhiimka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera oo qaba caabuqqa firfircoon ee COVID-19 lama oggolaan doono. Soo booqdayaasha (lama huraanka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera maalinta booqashada ayaa isticmaali kara [**Qalabka General Brigham Prescreen**](https://prescreen.massgeneralbrigham.org/) ama dhameystir shaqsi ahaan baaritaanka.
* Dhammaan booqdayaasha (muhiimka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera [waa in ay xirtaan maaskarada isbitaalku bixiyo](https://www.massgeneralbrigham.org/covid19/mask-policy) markasta oo isbitaalka lagu jiro; maaskaro aan isbitaal ahayn ama qalab kale oo ilaalin shakhsiyeed lama oggola. Dhammaan dadka soo booqanaya (kuwa muhiimka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera waa inay ku dhaqmaan nadaafadda gacmaha markay soo galaan xarunta.
* Soo booqdayaasha (muhiimka ah iyo kuwa aan muhiimka ahayn) iyo dadka taageera looma oggolaan doono haddii booqashadu ay khatar weyn u leedahay xakameynta caabuqqa bukaanka, booqdaha, ama shaqaalaha.

*Waxaa La cusbooneysiiyay 3/3/21*