Addressing the high pneumonia readmission rate for African-Americans

Connecting our project to the Novant Health mission

Mission

Novant Health exists to improve the health of communities, one person at a time.



Strategic goal

Position Novant Health to be a leader in health equity.

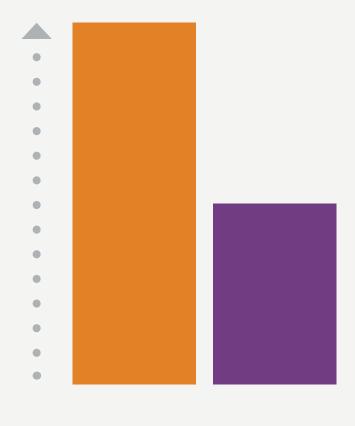


Objective

Identify and eliminate healthcare disparities.



Case study: Addressing high pneumonia readmission rate for African-Americans



Identified the disparity

African-American patients have a **higher readmission** rate for pneumonia than our other patient populations.

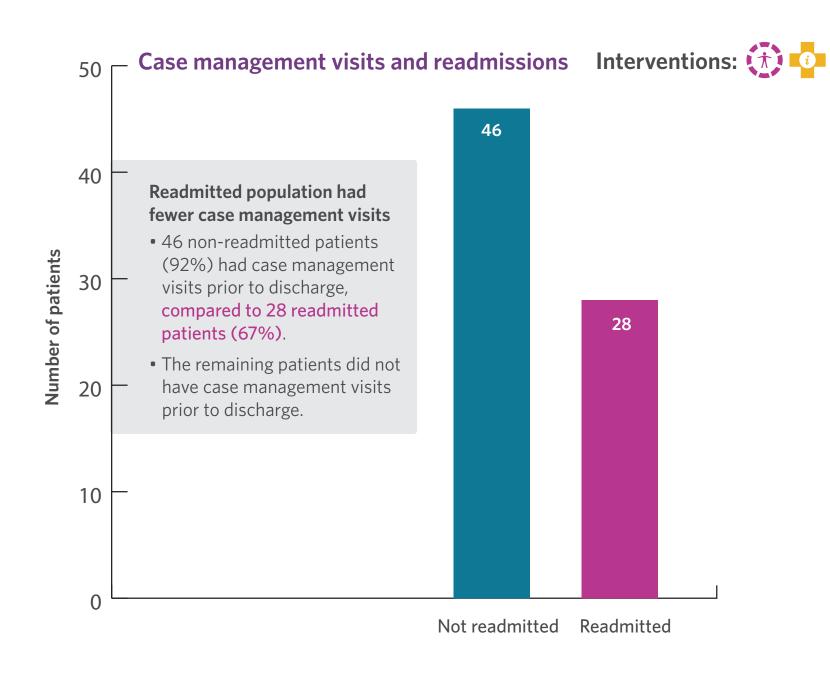
Project goals

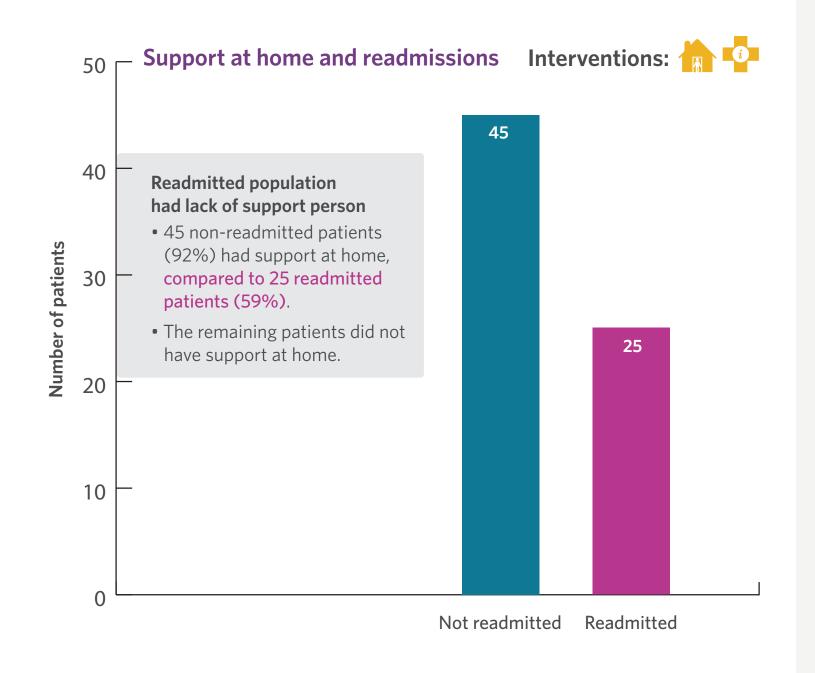
- Decrease avoidable readmissions while improving the patient experience and ensuring quality outcomes.
- Create a repeatable model to identify and eliminate disparities.



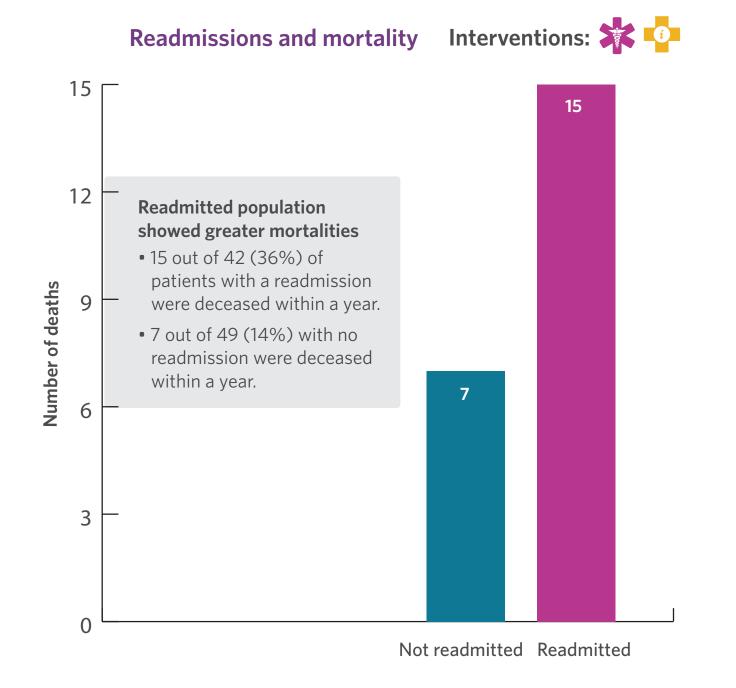
What do we know about this patient population?

Understanding our data started with >90 chart reviews of African-American patients hospitalized with pneumonia between April 1, 2015, and Dec. 31, 2015.





- Combined comorbidities and readmissions 🛮 Interventions: 💥 😳 Readmitted population had more **Comorbidities:** complexity with combined comorbidities DM = diabetes mellitus • 35 patients had combined comorbidities **CKD** = chronic Of those, 23 (66%) had been readmitted. kidney disease Number of patients **COPD** = chronic obstructive pulmonary disease DM/COPD DM/CKD DM/COPD/CKD COPD/CKD Not readmitted Readmitted



Targeted interventions for improvement

Discharge (†)



- Create process to support case managers in screening pneumonia patients.
- Identify patients who are at high risk for readmission.

Population health and home visits

 Increase support for patients after discharge.

Access to healthcare

 Provide convenient access to care for our more complex patient population.

Awareness



- Engage and educate team members about disparity and progress of project.
- Design plan to ensure team members receive cultural competency education.

